

In partnership with the **Youth Sport Trust** we have embedded the award winning **My Personal Best Primary** resource into **Complete P.E.** our online planning and assessment platform.

To ensure that the **personal development** of the whole child is achieved, this bundle ensures that schools are able to teach skills through PE that children can transfer into other lessons, to life in school and to their wider environment.



Through **My Personal Best Primary**, children aged 4-11 will

- ✓ develop and apply life skills that will support them to flourish in PE, school and life
- ✓ improve health and wellbeing and personal skills
- ✓ grow understanding and working with others (social skills)
- ✓ create opportunities, overcome challenges and make choices (thinking skills)
- ✓ increase their potential achievement and readiness for life

Add the **My Personal Best Primary** resource to your existing package for only **£70+VAT**